



## Food Allergy Guide for Claremont Immersion Elementary School

### ***For parents bringing in food items for the students:***

"Food Allergy Labeling" – With the array of life threatening food allergies in our student population, we are asking that all foods brought into a school function or classroom party are clearly labeled indicating the food allergens. An example of a label may be: *Contains– Walnuts, Wheat, and Milk*. If you are bringing in store bought foods, please leave the ingredient label on the food so that the teacher or home room parent can easily read and review it. Some food labels or baking mixes list the food allergens at the end in bold. Other labels list the allergens in bold throughout the list of ingredients. Also include "made on shared equipment" &/or "made in same facility". If you have any questions on how to determine which foods may be allergens, please contact the clinic at 703-228-2505.

### ***For parents bringing in birthday treats:***

When a parent brings in birthday treats, they are to report to main office. The office is going to check to see if that class has any children with food allergies. They will contact the class teacher to inform them of the birthday treat and the need for a "safe treat". If so; a "safe treat" will be made available from those stored in classroom or from those in the cafeteria.

### ***For room parents or their designee:***

We are asking that when you have an activity that has food involved; that you separate out the potentially allergic food items and place the attached sticker on them. Attached is a listing of foods to which students in the class/team are identified as allergic. Please direct them towards the "safe" food items. If you have any questions, please contact the clinic at 703-228-2505. The clinic will update the listing as needed.

### ***For parents of children with food allergies:***

Besides a 'safe treat" being available in the classroom; Mr. Chester will store any "safe treats" in a food service approved container in the kitchen so that they may be dispense in the cafeteria. Please label them with the child's name, grade and home room teacher.

